

LOS ANGELES CONFIDENTIAL

Patti Stanger Talks New Wine PS Match; Valentine's Day Dos & Don'ts

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We caught up with Bravo's *Millionaire Matchmaker* Patti Stanger to talk everything Valentine's Day, season eight of her show, and her new wine collection, PS Match, out today.



Patti Stanger.

Single or taken, Valentine's Day can be tricky. What do you do if you're single? What do you gift if you just started going out—or if you've been together forever? We turned to *Millionaire Matchmaker* star Patti Stanger for advice on everything you've ever wanted to know about the Day of Love: what to gift, where to eat, why you shouldn't watch *Titanic*, and how to throw a sexy DIY V-Day at home. Stanger also gave us the scoop on what to expect from the rest of season eight, and told us all about her new wine collection, PS Match, made in partnership with [Prairie Creek Beverages](#) and out today.

ON GIFTING JEWELRY FOR WOMEN; FRAGRANCE FOR MEN

PATTI STANGER: Guy giving girl is always romantic. So you have to set the tone: how deeply do you like this girl? Is this the wife? Or is this the showgirl that you just take out to the party? Or is she the one-nighter for the night? If it is the one-nighter, you still want to give her roses and chocolates because you want her to get juicy-goosey downstairs and you want her to be relaxed and happy. But if you know that this is somebody important, set the sentiment, which is the touchstone memory of jewelry. I'm all about jewelry. And you don't have to go extreme and get the engagement ring—unless you are ready to propose. You can go costume all the way to really high-quality jewelry like Tiffany and Jennifer Meyer. [Get] hearts on it.

[Gift] fragrance for men, because you want to want him. You want to smell him. Because if woman know that they don't like the smell of the man, they won't go near him. Women need to feel a sense of longing. Men already have the longing—they want to see it and hit it. Women need to slowly heat up; they're crock-pots while men are microwaves. The way [women] heat up is through smell.

ON WHAT'S TOO CHEESY

PS: I mean, writing in the sky. You know—going crazy. You are at the Lakers game and putting “I love you, Valentine” on the ticker tape, stuff that is embarrassing.

ON WHAT SHE WANTS FOR VALENTINE'S DAY

PS: You know what I really want? The Jennifer Meyer XO necklace (\$550, [barneys.com](#)), which I love because I sign all my notes “XOXO.”

ON WHERE SHE SUGGESTS HAVING DINNER

PS: Okay, so I have really best-kept secrets. I do love the new [Mastro's Ocean Club](#) (246 N. Canon Dr., Beverly Hills, 301-888-8782), because I think the water is enhancing. The key is to get there early before it gets too dark because [then] you can't see anything. I love places that are lit up and candlelit. I'm in love with [Cliff's Edge](#) (3626 Sunset Blvd., Los Angeles, 323-666-6116), [it's] out of the way, off the beaten path. And one of my favorite places is [Saddle Peak Lodge](#) (419 Cold Canyon Road, Calabasas, 818-222-3888), because it was a bordello at one time and they do an amazing tasting menu.

ON WHAT FOOD TO SERVE IF YOU'RE STAYING IN

PS: Fish is key, which is hard because you don't want your house to smell. So I suggest takeout sushi. [Or serve something like] little filet mignon tidbits; make them small appetizer portions. You don't want to overload. This is not the night to have a pasta dinner—this is the night to be light and friendly. You want to be able to feed each other; you want foods you can share. You want desserts, from chocolate-covered strawberries to crème brulee, that you can spoon-feed to each other.



Stanger suggests wine for Valentine's Day, particularly her flavors from PS Match (more on that below).

ON WHAT ELSE TO HAVE IF YOU'RE STAYING AT HOME

PS: Make your house your spa. Put the rose petals in the bathtub, take out the champagne and put it on ice. Your house should smell good; break out the Jo Malone candles. And the other thing is, you don't want to get overly amped with cocktails. You want it be wine because it relaxes you. If you go tequila, you will burn out before midnight. I love tequila so there's nothing wrong with that, but we are trying to make this experience very seductive and sensuous and *last*.

ON WHY YOU SHOULDN'T WATCH *TITANIC*

PS: [Watch] *Love Actually*, one of my favorite movies of all time [or] *When Harry Met Sally*. You could do *An Officer and a Gentleman*, which I love—movies that have a happy ending. Don't do *Titanic*. He dies, even though I love that movie and it is romantic. If you are going to do *The Notebook*,

you know, they struggled a lot to get there. [So] make it light and friendly. Or you can also do suspense, like *Gone Girl*; *Gone Girl* was my favorite movie of the year. You know, you are both clutching onto each other. Scary movies are great. You keep the lights on, you want to bang because you are afraid the ghosts are going to attack you.

And then, also, you can listen to really good sex music. [...] I like really romantic music. A little Sarah McLachlan, Ed Sheeran; I'm obsessed with Ella Henderson. A little Pitbull if you want to dance.

ON WHY THIS V-DAY WILL BE HOT IF YOU'RE SINGLE

PS: Get out! The men know that's the night you are going to be crying into your soup. So they know that they're going to get it. Don't give it up! Walk away before you stay too long at the party, is what my mother would say. Nothing good happens after 11 o'clock at night. Get out with your girlfriends—it's okay to go out with the posse. Usually I say, "Those who travel in packs don't attract," but that night they will. Because men know you need support. And [Valentine's Day] is on a Saturday night this year. I mean, *Fifty Shades of Grey* is going to be released the night [before], so everyone is going to be in heat.

ON WHAT YOU'LL SEE ON THE REST OF SEASON 8

PS: I can't tell you who comes in the second half but you are going to be shocked. The finale is off the chain. And we've got a lot more to go—we've got a lot of *Housewives* coming back on this season, we haven't seen them all. You don't know everyone who is on this season [yet] and we got at least six or seven matches so far that we know about. So regular Joes are hooking up with celebs and they are dating. We also have UFC Champion Luke Rockhold. We have some sports stars coming on, [including] a very famous tennis player. You are going to see all sides of the street.

ON WHAT TO EXPECT FROM HER NEW WINE COLLECTION, PS MATCH

PS: I'm going to have four flavors. We have a sweet red sparkling, we have a crisp green apple chardonnay, we have a cab—because we gotta have our traditional cab, but it's a little more on the berry/jammy side—and we got to have our rose prosecco. Two of them come from Italy and two of them come from Napa; all four go with everything. These wines can be made into cocktails as well. With our sweet red sparkling, we do a sangria. Bringing people together was the big thing—bringing people together, sharing, relationships, intimacy, friendships have been built upon some the greatest wines of all time. And it is the elixir of the gods.

<http://la-confidential-magazine.com/the-latest/people-and-parties/postings/patti-stanger-talks-new-wines-ps-match-and-valentines-day>