



Patti Stanger Is Going to Make Darn Well Sure We Have Better Luck in Love This Year

By [Marissa Gold](#) • DECEMBER 5, 2014



If you're not obsessed with *The Millionaire Matchmaker* already, you're going to be when [the new season premieres on Sunday, December 7](#). There are tons of, shall we say, *unique* characters and surprising celebrity guests, not to mention Patti's famous dating tips. I met up with Patti to get some of those tips in person, and as usual her advice was spot-on. Get ready to have your love love sorted out, Patti-style.



Patti's Tip: What to do when you're a great girl but keep meeting the wrong guys.

"I think a lot of it has to do with dating detox. I started dating recently (I went to Miraval spa last week) and I'm obsessed with meditation. When I meditate for 15 minutes in the morning, I get clear on what I want. So even if someone comes in to ask you out, you'll know before you step off the curb whether to waste your time. I think what happens is we're taking dates just to take dates and then we're like 'Eh, the blind date didn't turn out to be like the picture online' or 'My friend didn't really think about what I wanted.' I think less dating, more quality. And if you're single for three or four months, it just means you're gearing up for the right one."

Patti's Tip: Forget "getting" the guy. Do you really want him?

"Another problem we're having as women is we care about what they think about us. What do we think about them? I think that's the first question you have to ask. Do you really see them fitting in your family? Do you really see yourself living out of state where you don't want to live? Do you see yourself liking his job and hearing about his work stories every day? Like, what do you think about *him*? Cause it's always like 'Oh, can I get him?' But you don't need to rush anymore. We're making our own money now!"

Patti's Tip: Why guys don't call after a great date.

"People always wonder, why does he not call? I've had dates where we've made out, closed the restaurant, and like literally were practically going to his house until I stopped him. So, he goes home. Now, first of all, let me tell you how we process on the date. We go, 'Oh, you went to the school my friend went to. Oh, my friend goes to that temple. Oh, we went to college together, camp together, whatever. And you're going check, check, check, he's so cute, good job, he wants kids, check, check, check. Now, he goes home and he settles in on the couch and watches Sportscenter and he processes you. And if his wish list doesn't match up to yours, that's why you didn't get the call. It's not that you weren't a great girl and awesome—you could have something weird, like, 'She's unemployed right now, I'm not making a lot of money, I don't want to support a girl like I supported my last girlfriend.' You don't know what his past is."

Patti's Tip: How and when to ask *him* out first.

"You can ask him out after he's asked you out at least one or two times based on this: 'I have tickets to the Yankee game; my dad gave them to me and I don't really know much about sports—would you like to go?' Or 'I have to go to that charity event next week—would you like to go?' But when you start setting the precedent from the beginning of asking him out, what happens is he gets lazy and becomes your 16-year-old couch-potato pot-smoking son. Whatever you do in the beginning, magnify that by 10. If you're doing all the work in the beginning, that's gonna be the marriage."



Patti's Tip: When to say "I love you."

"Within six months. If he hasn't said 'I love you' within six months, you got a problem. I don't wanna hear 'Oh, I have a problem with the "L" word.' You know what? I have a problem with the you-being-in-my-life word. Because why would you want to be with someone that doesn't love you?"

Patti's Tip: When you love him, but aren't getting what you want.

"You have drama, and life happens. You have to really look at the wish list like, 'Is this worth it?' Somebody I know...his wife left him because he was married to his job. She didn't see the warning signs, and he didn't see the warning signs—that's a dangerous situation. You need to know, is this going to change, like 'I need six more months at my internship at Mt. Sinai before I can settle down, buy the house, you know, get it together.' Or is he saying this is the way it is, take it or leave it? Cause then you have a choice...you have to decide, what's in it for you?"

Patti's Tip: Not getting discouraged.

"There's too much competition, especially in New York City where it's 5:1 [women to men]. The competition is *fierce*. Someone's getting married, you feel less than thou, I'm not on schedule by the time I'm 30, you watch *Sex and the City*, you go 'I'm gonna end up being alone.' It's like you basically create these dramas and these stories in your head. That's why meditation is so good. It keeps you clear and gives you confidence."

Patti's Tip: How to know his marriage/kids timeline.

"If you want kids, this is what I would say in the beginning if I was dating someone. 'Do you see yourself having kids? What age do you see yourself having kids?' He'll say '35.' You know by 33, 32, he's looking for a wife because he's gonna take a year to find her, a year to get in a relationship and get engaged, and a year to get married, and a year to have a kid. That's within five years—30 to 35—so you know that that's his plan, and men usually stick to their plan."

Patti's Tip: What to say when he's not giving you what you deserve.

"Look, you're not on my page, I'm not on yours, and I don't want to hold you up. That's the kind of confidence and spine that you need to attract the good ones. The good one are not like dead whales lying on the beach—they're swimming in the ocean. You have to pull the trigger, get mysterious, disappear, and go MIA on them. Let them not know where you are. When you do the switch and say to someone, 'We're not right together,' he goes into high gear. But you've got to mean it when you say it. When you have doubts, he'll have 'I want you.'"

Catch Patti and the premiere of The Millionaire Matchmaker on Sunday, December 7, at 9 P.M. ET/PT. The

