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Million Dollar Matchmaker's Patti Stanger, 55, shows off slimmer body in bikini as she reveals cutting out sugar made weight 'fly off'

By HEIDI PARKER FOR DAILYMAIL.COM
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Her weight has gone up and down over the years.

And now Patti Stanger, 55, is back down to a slender shape as she posed on Sunday when sharing a photo of herself in a black bikini while at the beach on Instagram.

The Millionaire Matchmaker vet, who is now on WeTV's Million Dollar Matchmaker, said that cutting out sugar and fruit helped the weight 'fly off.'



Slim again: Patti Stanger proved that her weight is back down while posing in a bikini for this Instagram snap shared on Sunday

Where are the bikini babes? Patti Stanger is nearly unrecognizable months after Millionaire Matchmaker is... Million Dollar Matchmaker Patti Stanger dishes on celebrity pumps like J-Lo

Stanger added that she used 'no filler' and had on 'no makeup.'

'Cut out all processed food, no fruit no artificial sweetener went full on with @sweetfeastevia #stevia Feeling #sundayfunday great!'

Stevia is a sweetener and sugar substitute extracted from the leaves of the plant species. The active compounds of stevia are steviol glycosides, which have up to 150 times the sweetness of sugar.



The old Patti: The 55-year-old TV star dressed down in Beverly Hills in December 2015

In her caption, the outspoken TV personality wrote: 'No sugar is working. I've been off the bad stuff for over 2 months and the weight flies off.'

Stanger has revealed Jennifer Lopez's first husband Ojani Naji is one of the familiar faces who will appear on her new reality show.



Looking good: At DailyMail.com's White Party in July, Stanger talked about her new series



Her last love: Also in 2015 Patti called off her engagement to businessman David Krause. They had been living together since 2013 and he also bought her a ring; here they are pictured in 2013



Patti Stanger and David pay a visit GMA in 2015 before the split



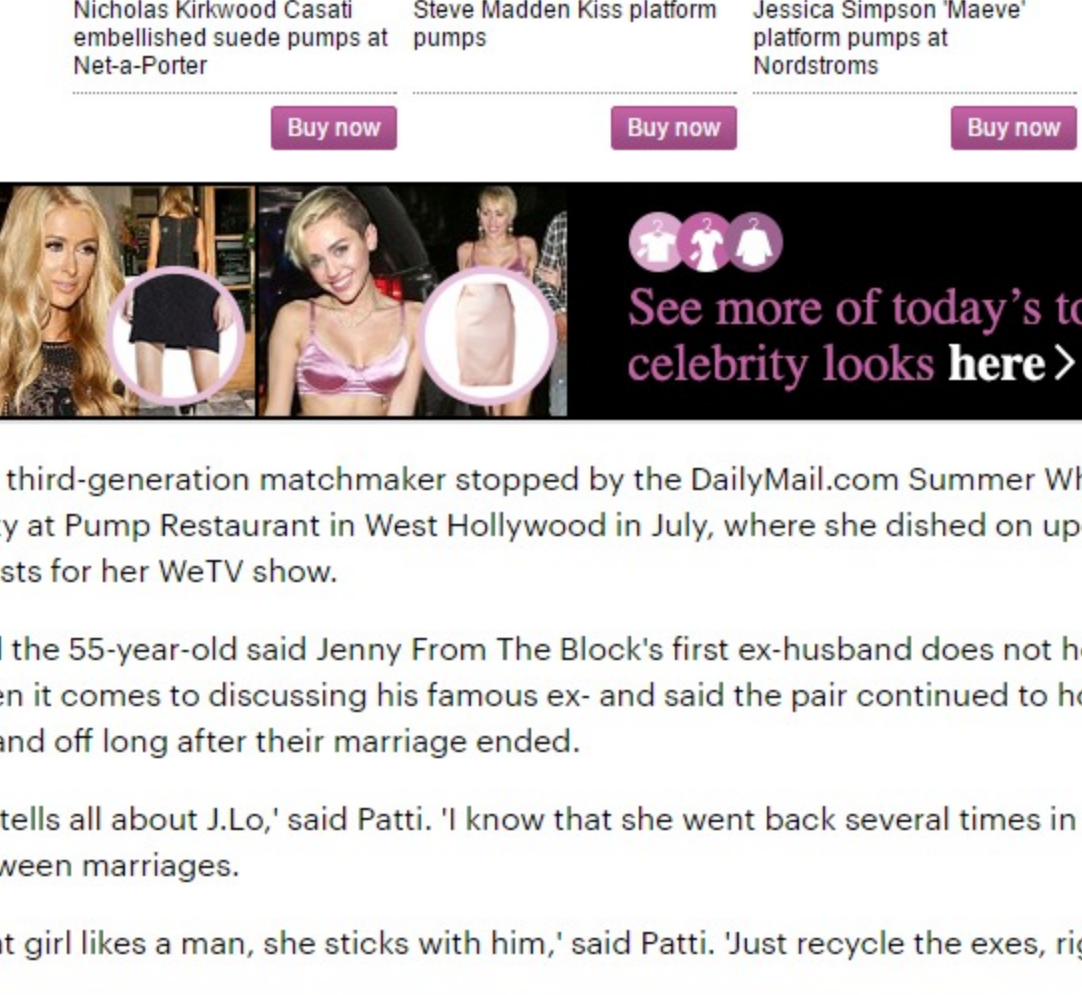
Her old show: With Malysia Ford on Millionaire Matchmaker in 2014

Jennifer and Ojani split in 1998 after one year of marriage, and she then went on to marry and divorce dancer Cris Judd and singer Marc Anthony.

Patti revealed that tearful Bachelor and Bachelor in Paradise contestant Ashley I and a 'Baywatch girl' also appear on her new WETV show.

She said the new show is 'more of an intervention' than her previous Bravo hit Millionaire Matchmaker. 'We have crazy people,' she said. 'Farrah Abraham, we have Ashley I from the Bachelor coming up - that's my favorite episode.'

And Patti said working with teen mom-turned-adult film star Farrah was 'crazy'. But the expert matchmaker still managed to find the 25-year-old the Scott Eastwood-lookalike man of her dreams.



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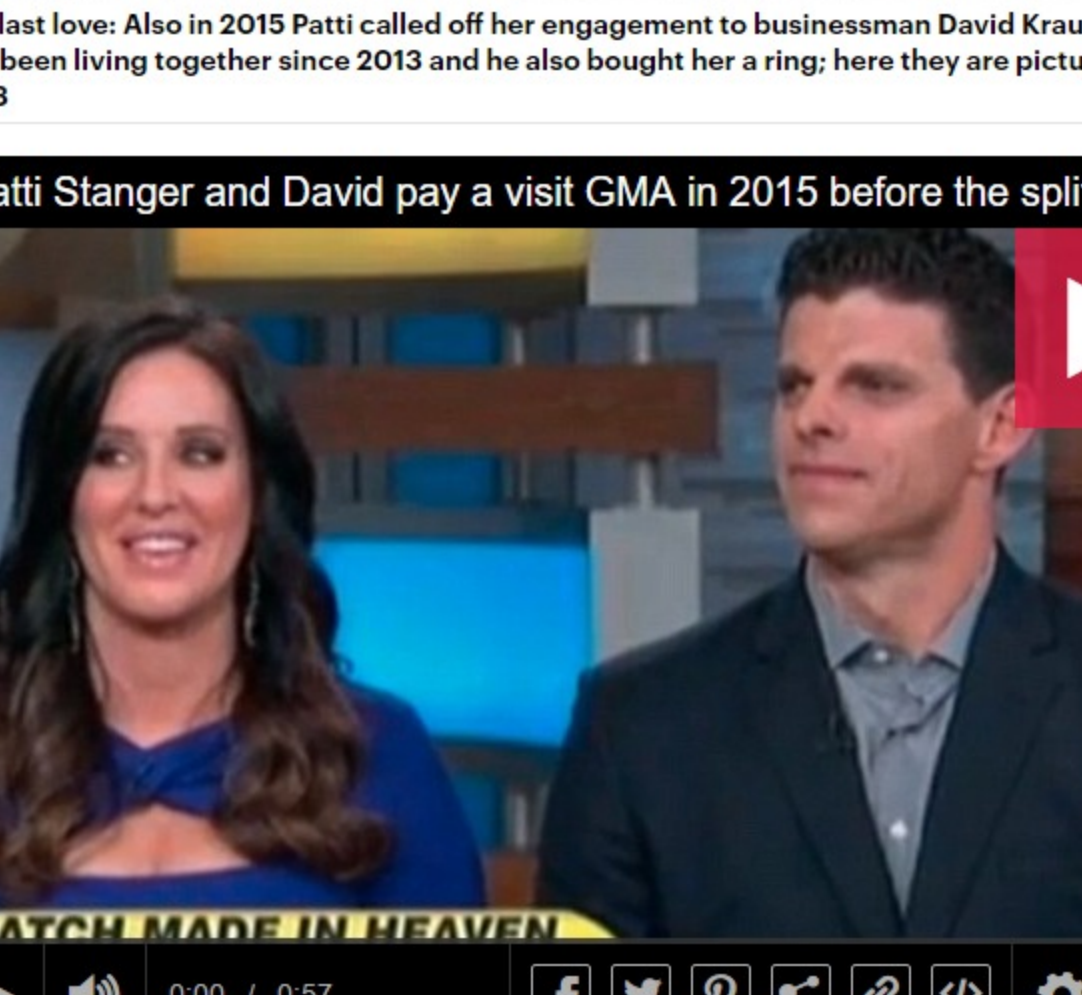
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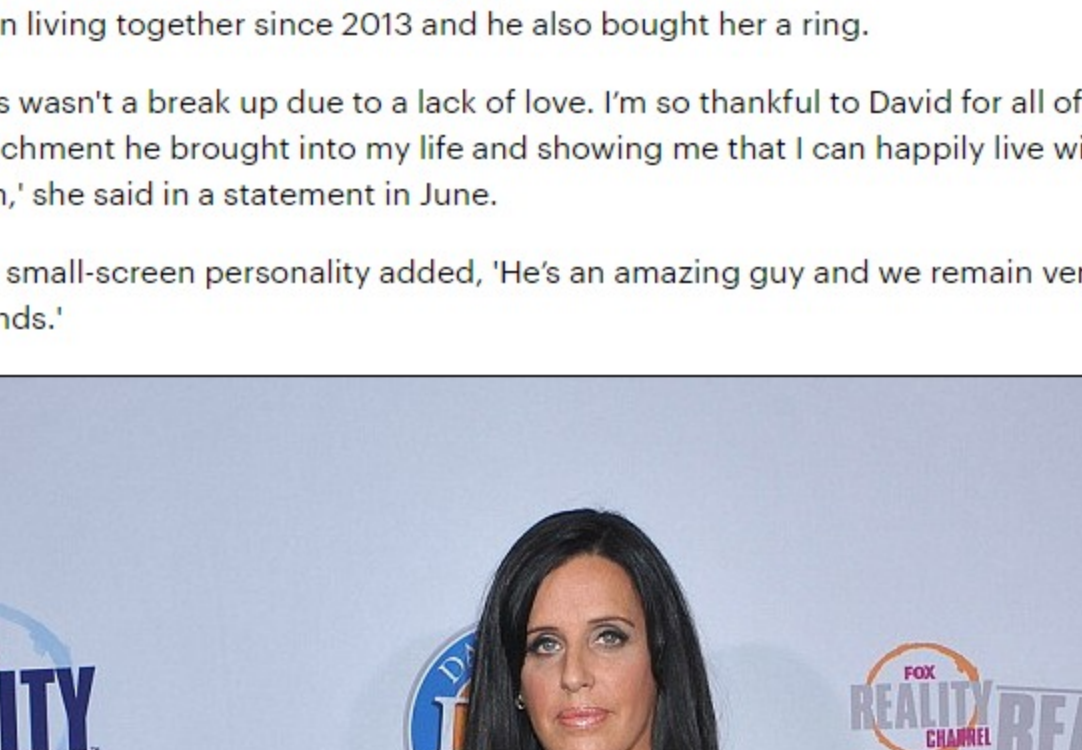
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