

'Million Dollar Matchmaker' Patti Stanger gives tough love advice to television exec looking for romance



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There are 8.5 million people in New York, but it feels to Jennifer Litt like very few are single guys.

Finding romance to go along with success is a problem facing many career women of the 33-year-old WE TV executive's age.

But unlike Litt, most of them don't work with "Million Dollar Matchmaker" star Patti Stanger.

The Daily News enlisted the famous love guru to help her colleague woo the right (hopefully Jewish) man — with tough-love advice that's worth a million dollars to any single New Yorker.

Viacom exec Summer Redstone splits with younger girlfriend

And, boy, is that love tough.

"She's too tall . . . and that's a problem," Stanger says immediately of the 5-foot-10 bachelorette before dishing out some more tips.

Don't get scrambled over eggs:

The reality star warns that Litt should be alarmed by the ticking of her biological clock.

Calif. man who appeared on 'Matchmaker' accused of rape

"She's at the point where the window is closing and it's scary, it's very 'Sex and the City,'" Stanger says. "The first thing I would say to any girl her age is freeze your eggs, take some of the pressure off."



WE TV executive Jennifer Litt is looking for love and is enlisting colleague and "Million Dollar Matchmaker" host Patti Stanger to help her. (ANTHONY DELMUNDO/NEW YORK DAILY NEWS)

Think in dollars and sense:

It's also time to put to her money where her mouth is — if she wants to get kissed. Stanger recommends setting up a bank account just for dating.

"This is going to be your investment in your future," says the reality star. "This money, 10 percent of what you make, goes into that bank account. You have to have money to go out. The city is expensive."

'Millionaire Matchmaker' Patti Stanger not engaged yet

The idea is to start off by figuring out where your ideal type of guy is hanging out — like steakhouses or sporting events — and putting face time in those places.

"In my industry, working long hours and running into the same faces makes it difficult to meet new people," Litt says.

Don't be turned off by going online:

The third-generation matchmaker has an advantage that her mother and grandmother, both shadchonim (Jewish matchmakers), never had. Stanger swears by dating apps like Bumble and Raya, an exclusive service for A-listers that requires an application.

"You're never going to run out of people," says Stanger, who uses those apps herself to meet dates. "There are so many choices — you're meeting people you would never meet before."



Patti Stanger (l.) of TV show "Million Dollar Matchmaker" helps fix Jennifer Litt's (r.) love life. (ANTHONY DELMUNDO/NEW YORK DAILY NEWS)

She particularly likes Bumble since it requires the man to reach out to the woman, allowing time to properly vet a prospective date by examining their LinkedIn profiles or mutual friends.

Make your profile picture-perfect:

Stanger is like a drill sergeant searching through Litt's pictures — eliminating most of them for various reasons. No bikini shots unless you have a good body (Litt passes her litmus test); no pics with alcohol; no photos with other people's kids.

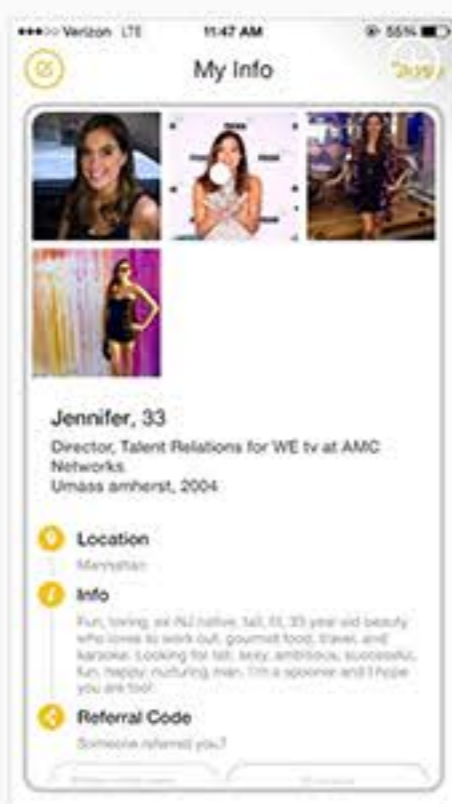
And Litt has her own photo pet peeves when scrolling guys' profiles — shirtless mirror selfies, posing in bed and wearing sunglasses are deal-breakers.

The word is wording:

In setting up Litt's profile intro, Stanger is hands-on with the typing. She bangs out wording that seems like a stream of adjectives, but each term has a meaning.

Stanger is adamant about ending with the line, "I'm a spooner and I hope you are, too."

"You know what I just did?" Stanger asks rhetorically before launching into a rapid-fire answer.



Jennifer Litt's Bumble profile page. (COURTESY OF JENNIFER LITT)

"It's a subliminal message that means I'm sexual because I touch. I wrote sexy which means you want sex without saying you want sex."

"Tall" is apparently code that shorter guys need not apply.

"I said you work out, so now he knows you're into your body," adds Stanger.

"That's all they care about, so now you're done."

Litt is hopeful — and promises to give status updates to The News in the coming months.

"I'm excited to put her advice to work," she says.

"Million Dollar Matchmaker" debuts on WE on Friday at 10 p.m.



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