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5 Things to Do Before a Date

BY JEFFREY SLONIM, SPECIAL CORRESPONDENT, JULY 27, 2015, 3:00:00 PM



There are two kinds of people: Those who get nervous before a first date and...OK, there's just one kind of person, and we're all terrified of first dates. Reality star Patti Stanger may specialize in matchmaking of the millionaire variety, but when we ran into her at the Third Annual Luxury Benefit Luncheon in Southampton, we asked for her tips on going on a date with just about anyone. You may not want to follow every piece of this advice, but hey, the woman is an expert. Bravo says so.

- 1. Whiten your teeth.** "You need an amazing toothpaste. Your calling card is your smile."
- 2. Forget beachy waves.** Apparently, the first date is the time for a blowout, if you're so inclined. "I work in the millionaire world. Rich men like straight hair." No word on what not-so-rich singles prefer.
- 3. Moisturize, moisturize, moisturize.** "You need really good illuminating moisturizer for your legs and your body."
- 4. Use your vibrator.** Yep, you read that right. "Take the edge off before you go out."
- 5. Have a glass of wine.** "You need a good glass of wine before you go out. It relaxes you."

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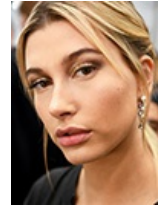


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